

LLa'Rah's Medicine Wheel



Reference Chart

DATES	BIRTHDAY TOTEM	CRYSTAL	COLOUR
DEC 22 - JAN 19	SNOW GOOSE	Quartz	White
JAN 20 – FEB 18	OTTER or MAGPIE	Silver	Silver
FEB 19 – MARCH 20	MOUNTAIN LION or WOLF	Turquoise	Blue
MARCH 21 – APRIL 19	EAGLE-RED HAWK	Fire Opal	Yellow
APRIL 20 – MAY 20	BEAVER or BUFFALO	Chrysocolla	Blue
MAY 21 – JUNE 20	DEER	Moss Agate	Green
JUNE 21 – JULY 22	FLICKER or DOLPHIN	Carnelian	Pink
JULY 23 – AUG 22	WHALE	Garnet	Red
AUG 23 – SEPT 22	BEAR	Amethyst	Purple
SEPT 23 – OCT 23	CROW-RAVEN	Jasper	Brown
OCT 24 – NOV 21	SNAKE	Malachite	Orange
NOV 22 – DEC 21	ELK or OWL or HORSE	Obsidian	Black

It is my belief we have approximately nine Totem Animals to guide us. This list provides just one of these guides
 Check out all my Shamanic Animal Totem CDs at: <http://stores.ebay.com.au/Native-American-CDs-and-Handcrafts>