

Healing With Sacred Sounds

March 2010
(03) 9706 4819



WELCOME

Hi Everyone!

I must admit I prefer this cooler weather. It's amazing how much work can be accomplished when we are not sweltering in the heat. I have finally organised my office and am now ready to get to work on my book.

It's an interesting experience moving from a suburban home to a cottage in an over 55 village. I enjoy the peace and quiet and I love the fact that I can go out and leave my doors unlocked and not worry about intruders. Saying that I did come face to face with one intruder yesterday - a small field mouse on my back veranda. We looked at each other for about a minute before the mouse turned and slowly, and very stately walked back to his home under the house. For a long time it was my dream to live in a little cottage in the country and now here I am actually living in my cottage surrounded by paddocks and yet still within a short drive to suburbia. I'm surrounded by beautiful, melodic sounds here. The previous owner left me the gift of a wonderful fountain in the front lawn with five goldfish. I enjoy relaxing in my recliner in my lounge listening to the gentle sound of the water splashing over the little statue while at the same time my large chimes sway in the wind on the back veranda. I feel very blessed.

SOUND EVENTS

INSPIRING MOVIES is on this **Thursday 4 March** at **9.30 am** at Sandy's home in Langwarrin. Movie is *The Sacred Earth: The 2012 Phenomenon* a wonderful documentary offering hope for the planet. Contact me for address.

KIRTAN will be starting up again on **Friday 12 March** at 1.30 pm. Contact Jan on 97758703 for details.

The next **DRUMMING** at Aum Shanti, Frankston will be on **Saturday 20 March** at 2.00pm, \$15 including Coffee, Tea, Hot Chocolate & a delicious homemade biscuit. Hope you can make it. Contact Elke on **9783 2899** for details

The next **FULL MOON** falls on the weekend of the **Tyabb Retreat, Sat 27 March/Sunday 28 March**. We shall be holding a special Full Moon drumming on the Saturday evening. If you are unable to make the whole weekend why not drop in for just the Saturday night drumming. Contact Sandy on 9775 9652 for details.

Have a great month
Love and Blessings
LLa'Rah

healingwithsound@bigpond.com
www.healingwithsacredsounds.com.au