

In The Beginning

LLa'Rah

In the beginning was the tone...

It resounded throughout the vastness and darkness of the universes. Suddenly, it exploded into a trillion pieces of dazzling, shooting star. The myriad of stars veered off in all directions, creating a light show, like no other. The tone vibrated within each speck of star as an incredible journey began. Through solar systems and galaxies it journeyed. Ever further and further away from its source — the One Great Star.

Through time, space and beyond, the stars travelled — never looking back. Finally the tone grew weary. It found itself in a small galaxy of large planets, which rotated about a central sun. It hesitated for a moment and then quickly spiralled down upon a blue-green planet. As it entered the denseness of Planet Earth's atmosphere, the tone sadly remembered its home and the One Great Star, which now dwelt far beyond the canopy of space. In its loneliness, the tone echoed from the mountain tops. It reverberated through the valleys. It spread across the vast oceans, seas and plains. As it travelled miraculous events occurred in its wake.

Living seeds developed into trees and plants. They pushed their stems and branches skyward. The oceans and seas were filled with the essence of life. Both small and large creatures swam the waves. The tone laughed and splintered into thousands and thousands of minute sounds. The air was filled with life that flew and sang sweetly. From the water emerged large mammals. As they reached the land they stood upright and journeyed through the jungles, meeting others of their kind. The tone shimmered in the light of the bright sun.

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It formed shapes somewhat like the beasts that roamed. It gave life to these shapes. They were different sizes and colours. Some were black, others red. Some were white and others brown. Throughout each form the tone vibrated. One day a tone escaped from one being's mouth. It hesitated and lingered in the air. Another life-form hearing this sound opened its own mouth and released its unique tone. The air soon became saturated with these sounds. The life-forms came together and more life-forms were created.

Gradually the tone faded away. It became silent.

As the life-forms of Earth, later called man, increased and multiplied they began to feel that something important was missing. They had a vague sense of belonging somewhere else — but couldn't remember where somewhere else was. Staring up at the stars, in the night sky, they felt sad and lonely. Desperately they wanted to return home — but where was home?

Throughout the centuries of time man has searched. He searches still.

In the shadows the tone patiently waits. It knows that one day; very soon, man shall wake-up and remember. When that great day arrives the tone shall joyfully lead the way, through the deep vastness of space, back home to the One Great Star.



LLa'Rah is a Sound Healer and Workshop facilitator based near Frankston. She combines 20 years of Spiritual exploration as a seeker, teacher and Spiritual Healer/therapist with an academic background as a Psychotherapist, Holistic Counsellor, Writer and Educational Trainer. She is a member of SHA (Sound Healers Association). LLa'Rah can be contacted on 0448 014 723 or email healingwithsound@bigpond.com

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